



# PACFA Safety Through Diversity Conference 2022 Day 5 – Bringing it together

Day 5 is an opportunity to come together to weave the threads and deepen the connections from the previous four days of the conference.

Like the previous 4 days of deep sharing and listening, Day 5 will offer a safe space to continue to connect the diversity of lived experiences, ideas and perspectives that will clarify PACFA's future strategy across the professions and practices that it represents; clarifying of what we, collectively, will be taking forwards as actions beyond this conference.

#### What is a Spiral Chat?

Participants agree to adhere to PACFA's Community of Care Guidelines.

Together we will be discussing the central question:

"How do we integrate the learnings and outcomes from Days 1, 2, 3, 4 into our shared present and future of PACFA, ATSIHP, Counselling & Psychotherapy?"

### **Guidelines for Participation**

**Zoom Meetings** is the technological platform in which this PACFA Safety Through Diversity Conference 2022 is being held and participants can make use of the following functions:

- Camera may be turned on or off while listening but we invite you to have it turned on for anyone who feels comfortable doing so while speaking. We recognise that many people are uncomfortable or unable to speak while their cameras are turned on, and encourage you to do what feels right for you, to ensure greater disability and neurodivergent inclusion and equity.
- **Microphone** (sharing sound) must be turned off unless you are the person or people talking aloud in multi-person chat with collaborative interruptions (common in some cultural communication styles).
- "Hand up" signal (if you do not have a physical hand, choose the "raise hand" text or emoji) indicates that you wish to share. Zoom will automatically place you in a "queue" first hand up is first to share.



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- **Reactions** can be used to indicate a range of feelings in response to people's comments. These provide an option for non-speakers, visual thinkers, and people who are more comfortable communicating in pictures/emoticons to share.
- Chat can be used to express thoughts, feelings, questions and ideas in response to people's comments, or other chat users. Chat can also be used to communicate privately with other participants or collaborators. Please be aware that collaborators may not necessarily be able to respond to your question or comment, but we ask that you appreciate responses. The chat will be monitored. Participants who attend are both responsible and accountable for their contributions, which will be saved and recorded.
- All of the various types of contributions above are expected to follow the Community of Care Guidelines. Comments that violate the Guidelines may result in a warning and/or removal from the Zoom at moderator discretion.

Please note: if you are using a Mac computer, you will need to <u>download Zoom for Mac</u>. You will not be able to access the conference through a web browser on a Mac computer.

#### How to Update to a More Inclusive Zoom Handle

We encourage all participants to include their pronouns and the Aboriginal lands they're on in their Zoom handle. Read on for instructions on how to do this.

Whose land am I on?

# What are my pronouns?

#### A note on pronouns:

Some people use multiple sets of pronouns. For example, 'she/they' indicates that the person uses both she/her and they/them pronouns. Using this example:

Pronoun	Meaning	
Alternating she/they	The person wants others to intentionally switch between the sets of	
	pronouns instead of choosing just one or the other to use	
Either she/they	The person doesn't mind which of the specified pronouns others use	
	for them	

#### Another option:

Pronoun	Meaning	
Just my name	The person doesn't use pronouns and wants to only be referred to by	
	their name	



Some people may also wish to include their pronouns in all of their languages and cultural backgrounds.

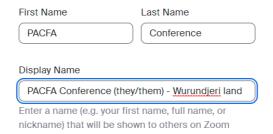
Some people use neopronouns (for example, ey/em/eyr, fae/faer, etc.) instead of the options above.

# Option 1: before joining the meeting

- 1. Head to <a href="https://zoom.us/profile?from=client">https://zoom.us/profile?from=client</a> in your web browser.
- 2. Click on 'Edit' in the top right corner.



3. Edit your Display Name to include your pronouns (if you feel comfortable) and whose country you're on.



#### Option 2: in the meeting

1. Click on 'Participants' in the toolbar at the bottom of the Zoom window.



2. A list of participants will appear on the right-hand side of the screen. Hover over your name so that that three dots icon appears.

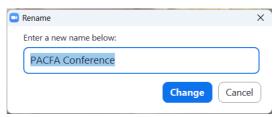




3. Click on the three dots and select 'Rename'.



4. Edit your Display Name to include your pronouns (if you feel comfortable) and whose country you're on.







# Option 3: on your phone

Tap 'Participants' on the bottom toolbar.



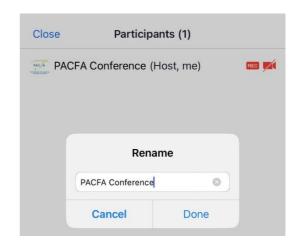
2. Tap on your name.



3. Tap 'Rename'.



 Edit your Display Name to include your pronouns (if you feel comfortable) and whose country you're on.





# Day 5 - Running Sheet

Note that other than the start time of 10am, times, including the finish time, <u>are approximate and flexible</u> and will support the effective ebb and flow of the day's discussions.

Time	What	Who
10am	Acknowledgement of Country	
10.10am	Learnings & outcomes from Day 1 – Indigenous Healing Practices	Emeritus Professor Aunty Judy Atkinson (she/her), together with collaborators and participants from Day 1.
10.30am	Learnings & outcomes from Day 2 – Diversity in Gender, Body, Kinship & Sexuality	Dr Gávi Ansara (he/him) & Francis Voon (he/him), together with collaborators and participants from Day 2.
10.50am	Learnings & outcomes from Day 3 – The Politics of Mental Health in Australia	Nigel Polak (he/him), together with collaborators and participants from Day 3.
11.10am	Learnings & outcomes from Day 4 – Research and the Future of the Profession	Alexandra Bloch-Atefi (she/her), together with collaborators and participants from Day 4.
11.30am	BREAK - break-out rooms will be open for participants to enjoy conversation whilst taking refreshment.	All participants
11.45am	Break out rooms: "How do we integrate the learnings and outcomes from Days 1, 2, 3, 4 into our shared present and future of PACFA, ATSIHP, Counselling & Psychotherapy?"	All participants
12.15pm	Continued discussion of:  "How do we integrate the learnings and outcomes from Days 1, 2, 3, 4 into our shared present and future of PACFA, ATSIHP, Counselling & Psychotherapy?"	All participants
1.15pm	LUNCH	All participants
2.15pm	What is now emerging as the future of PACFA, ATSIHP, Counselling & Psychotherapy?"	All participants
3.30pm	BREAK - break-out rooms will be open for participants to enjoy conversation whilst taking refreshment.	All participants
3.45pm	Final reflections and expressions in relation to the 2022 PACFA Safety through Diversity Conference.	All participants
5pm	CLOSE	All participants